



EMERGENCY CARD

Symptoms of diabetes can develop slowly or appear suddenly during any illness.
A person may get severely dehydrated and go into coma if not treated immediately!

When you notice a person: **Drinking more fluids than usual**
or **Urinating much more frequently than usual;**
or **getting up to urinate overnight**
or **Vomiting or feeling sick**
or **Losing weight or losing energy**

...CHECK THE PERSON'S BLOOD GLUCOSE LEVEL and CALL
your health care provider at: _____

If being seen by a health care provider, please show this information:

Dear Health Care Provider,

_____ has tested positive for **type 1 diabetes associated autoantibodies** and is **at risk for developing type 1 diabetes**.

Please test the person's blood glucose, HbA1c, and urine or blood ketones to rule out diabetes. Please ensure s/he is not in diabetic ketoacidosis and receives insulin treatment, if needed.

CALL WITH ANY QUESTIONS:
