

Symptoms of Type 1 Diabetes

*** Most common symptoms include:**

- **Excessive thirst**
- **Frequent urination** or getting up at night to urinate
- **Wetting the bed** in a child who was previously dry
- **Unexplained weight loss** or poor weight gain
- **Change in appetite**

+ Additional symptoms people experience include:

low energy, blurred vision, yeast infections, mood changes, behavior changes

+ Symptoms that require urgent attention include:
heavy breathing, vomiting and confusion

If the person has 2 or more symptoms, call your health care provider, and ask to check: blood glucose, HbA1c and urine ketones

NAME: _____

PHONE: _____